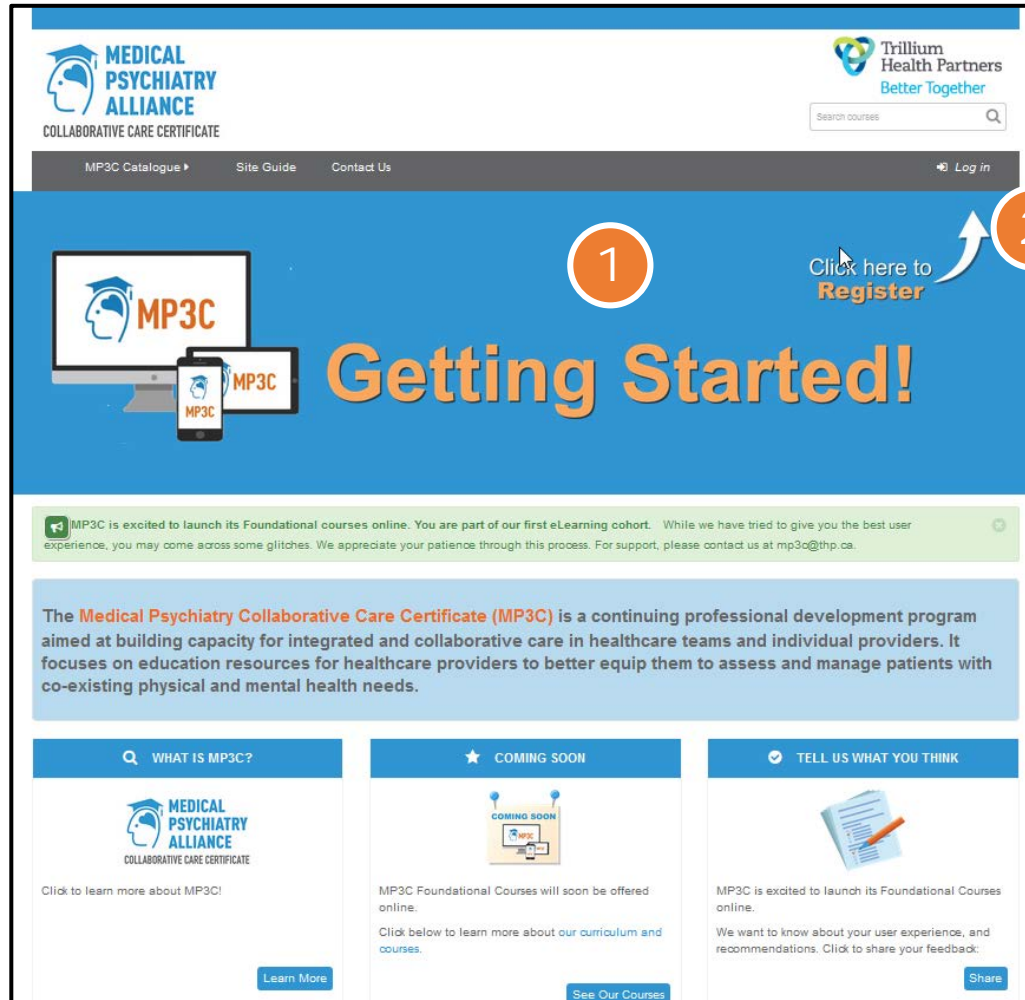# Site Guide

MP3C.dualcode.com

This Site Guide provides you helpful navigation information. Each page includes two information panels – on the left side, an image of your screen with important areas indicated. On the right side, you will find a brief description of the corresponding area.

Site Landing Page

1 You will find rotating slides here sharing highlights of MP3C. Click on any slide to learn more

2 Click here to go to the log-in page

3 You can click on these buttons to learn more about MP3C, see what courses we offer, or share your feedback

Log-in Page

Home Page

6 This menu bar gives you quick access to helpful information

7 You can edit/update your profile by clicking on the arrow beside your name on the menu bar and then going to preferences

Home Page

8 This is your site navigation panel. You can have it expanded or docked to the side
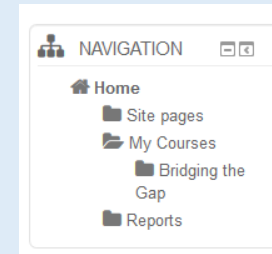
Expanded   Docked

9 General Announcements are posted to the discussion boards here. For course specific information, refer to the Announcements board in your course

10 Your courses are listed here. You can also click here or on **My Courses** in the menu bar for access

Course Page

11

Your course title, description, objectives and other important information is provided here

12

To begin an MP3C course, read and agree to the Learner Agreement provided here.
When you have completed the agreement, your course content will be unlocked.

Course Page

This is your course Navigation panel. You can access desired course sections here.

Your course panel can be expanded or docked to the side

Use these buttons to expand or dock the panel as per your preference

Course Page

Bridging the Gap Between Physical and Mental Health
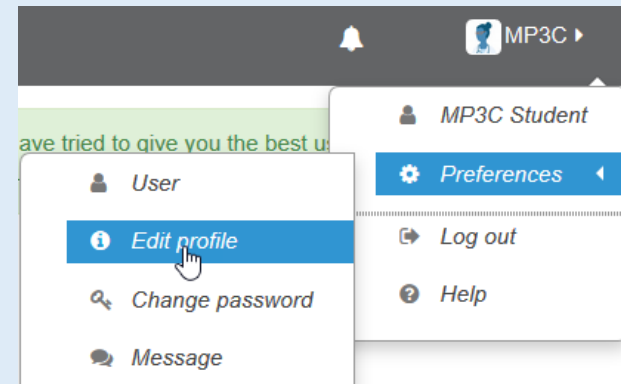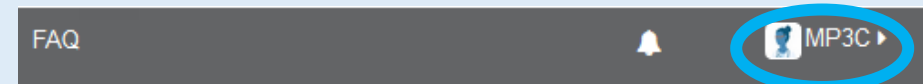
Jump to...

Your progress ⑦

Bridging the Gap Between Physical and Mental Health

This Foundational course will provide participants with practice and evidence-based approaches to identifying, engaging and managing co-existing physical and mental health needs. Participants will develop an integrated approach to care for these patient issues and will obtain access to practice-ready toolkits to implement in their setting.

Upon successful completion of this course, participants can claim **7.0 credits/hours**.

Course Objectives   **Course Format**

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You can "Jump to" different sections in your course here or go to *Previous or Next Activity*

< Previous Activity   Jump to...   Next Activity >

Jump to...

Jump to...
Course Outline
Learner Agreement
Syllabus
Announcements
Resource Materials Physical Mental Health Assessme...
Resource Materials Physical Mental Health Assessme...
Pre-Reflection Evaluation
Pre-Reading & Reflection Activity
Pre-Knowledge Assessment (this activity is optiona...
Week 1: Prevalence...
Discussion Activity - Week 1
Responsive Test
Week 2: Impact...
Discussion Activity - Week 2
Week 3 – Part 1: Assessment...
Week 3 – Part 2: Geriatric Considerations in Asses...
Discussion Activity - Week 3
Complexity and Assessment Webinar
Case Study #1 Materials

Course Page

Course Information and Resources

You will find course Syllabus, Announcements, and Resource Materials here.

- 📕 Syllabus
- 💬 Announcements
- 📕 Resource Materials Physical Mental Health Assessment Grid
- 📕 Resource Materials Physical Mental Health Assessment Grid Blank

Pre-Course Requirements

Before you start this course, please complete the **Pre-Reflection Evaluation,** which is an assessment of your current understanding of the course concepts.

To prepare for the course, please click on the **Pre-Reading and Reflection Activity** and follow the instructions to complete.

Review the **Pre-Knowledge Assessment** activity. We recommend that you complete this activity even though it is not required.

- 📣 Pre-Reflection Evaluation ☐
- 💬 Pre-Reading & Reflection Activity ☐
- ✅ Pre-Knowledge Assessment (this activity is optional but recommended)

15

Week 1: Prevalence

During this week, you will complete self-directed learning to explore Prevalence of Co-morbid Mental and Physical Health Conditions. You will then engage in a Discussion Activity with your peers on this topic.

This week's learning objective:

- Identify the prevalence and impact of mental health conditions on physical health outcomes

Click on each activity below and follow the instructions to complete.

- 📦 Week 1: Prevalence... ☑
- 💬 Discussion Activity - Week 1 ☐
- 📦 Responsive Test ☑

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All activities required for course completion have a box beside them

When you have completed the activity, this box will be automatically checked off

If you have questions about navigating your course, please contact us at mp3c@thp.ca