



**COLLABORATIVE CARE CERTIFICATE**

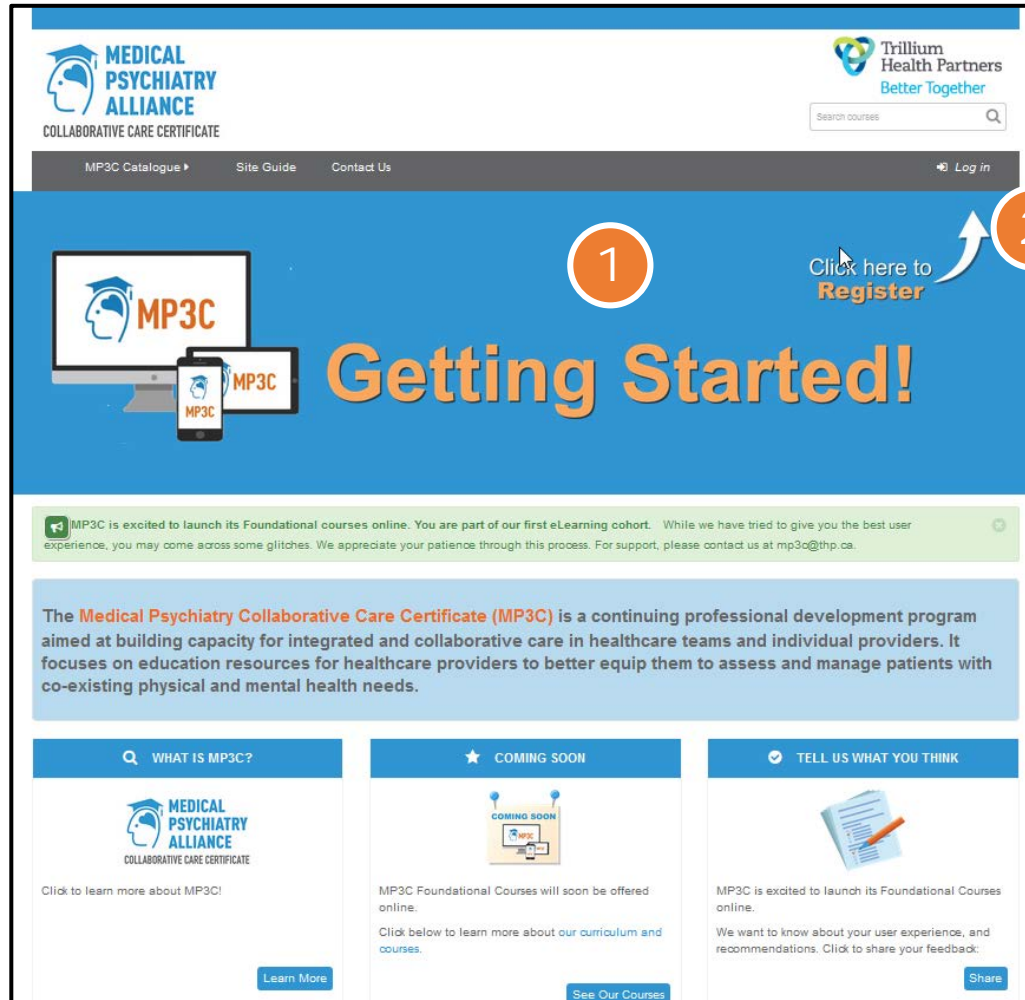


## Site Guide

[MP3C.dualcode.com](https://MP3C.dualcode.com)

This Site Guide provides you helpful navigation information. Each page includes two information panels – on the left side, an image of your screen with important areas indicated. On the right side, you will find a brief description of the corresponding area.

## Site Landing Page



1 You will find rotating slides here sharing highlights of MP3C. Click on any slide to learn more

2 Click here to go to the log-in page

3 You can click on these buttons to learn more about MP3C, see what courses we offer, or share your feedback

3

# Log-in Page

The screenshot shows the log-in page for the Medical Psychiatry Alliance. At the top left is the logo for the Medical Psychiatry Alliance, which includes a graduation cap and the text 'MEDICAL PSYCHIATRY ALLIANCE' and 'COLLABORATIVE CARE CERTIFICATE'. At the top right is the Trillium Health Partners logo with the tagline 'Better Together' and a search bar labeled 'Search courses'. Below the header is a navigation bar with links for 'MP3C Catalogue', 'Site Guide', and 'Contact Us'. The main content area features a heading 'Welcome to Medical Psychiatry Collaborative Care Certificate (MP3C)'. On the left, there is a 'Log in' section with a callout '3' pointing to the 'username (your e-mail address)' field, a 'password' field, a 'Remember me' checkbox, and a 'Log in' button. Below this is a link for 'Forgotten your email or password?' and a note 'Cookies must be enabled in your browser'. On the right, there is a 'Browser Requirements' section with a callout '5' pointing to the heading. It lists recommended browsers: Google Chrome, Mozilla Firefox, and Safari, and notes that users may need to contact technical support for installation. At the bottom left, there is a 'New User?' section with a callout '4' pointing to the 'Create new account' button.

3 If you already have an account:  
Enter your log-in information here

4 If you do not have an account:  
Click here to create your account

5 You will need one of the browsers  
listed here for the best user  
experience in your MP3C online  
course

# Home Page

**MEDICAL PSYCHIATRY ALLIANCE**  
COLLABORATIVE CARE CERTIFICATE

Trillium Health Partners  
Better Together

Search courses

My courses ▶ MP3C Catalogue ▶ Site Guide Contact Us FAQ

MP3C is excited to launch its Foundational courses online. You are part of our first eLearning cohort. While we have tried to give you the best user experience, you may come across some glitches. We appreciate your patience through this process. For support, please contact us at mp3c@thp.ca.

**NAVIGATION**

- Home
  - Site pages
  - My Courses
    - Bridging the Gap
    - Patients and Families as Partners
    - Evidence and Models
    - Quality Improvement
    - Reports

### Site Announcements

Subscribe to this forum

**Getting Started**  
by Renata Leko - Thursday, 2 January 2020, 11:30 AM

To get started, please review the [Site Guide](#).

During your course, you will complete learning activities independently as well as collaborate with your peers to develop deeper understanding of the concepts. To understand requirements for successful course completion, please refer to the syllabus located under your current course's section "Course Information and Resources".

[Permalink](#)  
[View the discussion](#) (0 replies so far)

**MP3C Program Overview**  
by Renata Leko - Friday, 8 November 2019, 11:35 AM

The Medical Psychiatry Collaborative Care Certificate (MP3C) is a continuing professional development program aimed at building capacity for integrated and collaborative care in healthcare teams and individual providers. MP3C focuses on providing education resources to healthcare providers to...

[Read the rest of this topic](#) (160 words)

[Permalink](#)  
[View the discussion](#) (0 replies so far)

### My Courses

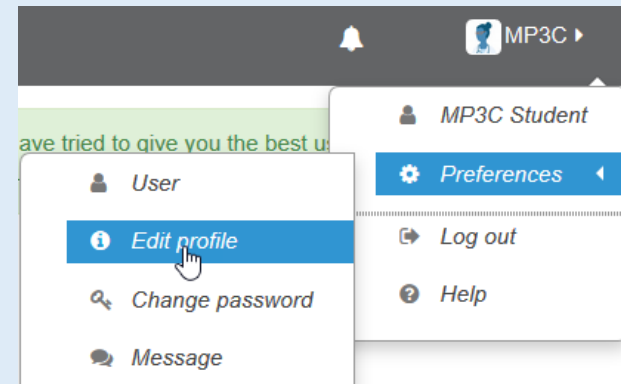
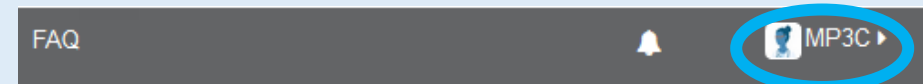
**Bridging the Gap Between Physical and Mental Health**

This Foundational course will provide participants with practice and evidence-based approaches to identifying, engaging and managing co-existing physical and mental health needs. Participants will develop an integrated approach to care for these patient issues and will obtain access to practice-ready toolkits to implement in their setting.

6 This menu bar gives you quick access to helpful information



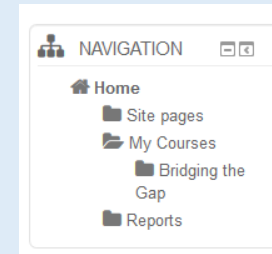
7 You can edit/update your profile by clicking on the arrow beside your name on the menu bar and then going to preferences



# Home Page

The screenshot shows the Medical Psychiatry Alliance website. At the top left is the logo for the Medical Psychiatry Alliance Collaborative Care Certificate. At the top right is the Trillium Health Partners logo with the tagline 'Better Together' and a search bar. Below the header is a navigation bar with links for 'My courses', 'MP3C Catalogue', 'Site Guide', 'Contact Us', and 'FAQ'. A green banner below the navigation bar contains a message about the launch of foundational courses. On the left side, there is a 'NAVIGATION' menu (callout 8) with a home icon and a list of site pages: 'Home', 'Site pages', 'My Courses', 'Bridging the Gap', 'Patients and Families as Partners', 'Evidence and Models', 'Quality Improvement', and 'Reports'. The main content area features 'Site Announcements' (callout 9) with two posts: 'Getting Started' by Renata Leko and 'MP3C Program Overview' by Renata Leko. At the bottom, there is a 'My Courses' section (callout 10) with a course titled 'Bridging the Gap Between Physical and Mental Health'.

8 This is your site navigation panel. You can have it expanded or docked to the side



Expanded



Docked

9 General Announcements are posted to the discussion boards here. For course specific information, refer to the Announcements board in your course

10 Your courses are listed here. You can also click here or on **My Courses** in the menu bar for access

# Course Page

The screenshot shows the course page for 'Bridging the Gap Between Physical and Mental Health'. At the top left is the 'MEDICAL PSYCHIATRY ALLIANCE' logo with the tagline 'COLLABORATIVE CARE CERTIFICATE'. At the top right is the 'Trillium Health Partners Better Together' logo and a search bar. Below the header is a navigation menu with 'My courses', 'MP3C Catalogue', 'Site Guide', 'Contact Us', and 'FAQ'. The main content area features a breadcrumb trail: 'Home > My Courses > Bridging the Gap'. The course title 'Bridging the Gap Between Physical and Mental Health' is prominently displayed. A 'Jump to...' dropdown menu and 'Your progress' indicator are visible. A large banner image shows two stylized human figures, one with a heart and one with a brain, with the text 'Bridging the Gap Between Physical and Mental Health'. Below the banner, a text box states: 'This Foundational course will provide participants with practice and evidence-based approaches to identifying, engaging and managing co-existing physical and mental health needs. Participants will develop an integrated approach to care for these patient issues and will obtain access to practice-ready toolkits to implement in their setting. Upon successful completion of this course, participants can claim 7.0 credits/hours.' The page is divided into two columns. The left column is titled 'Course Objectives' and lists three bullet points: 'Identify the prevalence and impact of mental health conditions on physical health outcomes', 'Describe and use evidence-based assessment tools to improve identification of mental health needs in patients with physical health issues', and 'Describe and perform an integrated case formulation to address co-occurring physical and mental health needs'. The right column is titled 'Course Format' and lists three bullet points: 'Self-Directed Learning Modules, and Discussion and Reflection Activities', 'Webinars (Pre Scheduled)', and 'Individual and Team Based Assignments'. Below the course format is an 'Important' section with two bullet points: 'Each required activity has a box beside it, which will be automatically checked off once you have completed the activity' and 'Review the syllabus to understand the requirements for successful course completion'. At the bottom of the page, there is a section titled 'Course Information and Resources' with a link to 'Learner Agreement' and a list of resources: 'Syllabus', 'Announcements', 'Resource Materials Physical Mental Health Assessment Grid', and 'Resource Materials Physical Mental Health Assessment Grid Blank'.

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Your course title, description, objectives and other important information is provided here

12

To begin an MP3C course, read and agree to the Learner Agreement provided here. When you have completed the agreement, your course content will be unlocked.

To begin this course, please review the [Learner Agreement](#)

 [Learner Agreement](#)



# Course Page

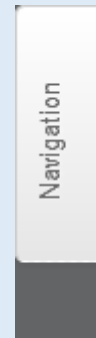
The screenshot shows a web interface for a course titled "Bridging the Gap Between Physical and Mental Health". At the top, there is a navigation bar with "My courses", "MP3C Catalogue", "Site Guide", "Contact Us", and "FAQ". Below this, a breadcrumb trail shows "Home > My Courses > Bridging the Gap". A left-hand navigation panel is visible, with a red circle and the number "13" highlighting the "Bridging the Gap" folder. The main content area features a banner with the course title and a description: "This Foundational course will provide participants with practice and evidence-based approaches to identifying, engaging and managing co-existing physical and mental health needs. Participants will develop an integrated approach to care for these patient issues and will obtain access to practice-ready toolkits to implement in their setting. Upon successful completion of this course, participants can claim 7.0 credits/hours." Below the banner, there are sections for "Course Objectives", "Course Format", and "Important" information.

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This is your course Navigation panel. You can access desired course sections here.

Your course panel can be expanded or docked to the side

The image shows the navigation panel expanded to show a tree view of the course structure. The items listed are: Home, Site pages, My Courses, Bridging the Gap (with sub-items: Participants, Course Information and Resources, Pre-Course Requirements, Week 1: Prevalence, Week 2: Impact, Week 3: Assessment, Week 4: Management, Week 5: Case Study #1, Week 6: Case Study #2, Course End Requirements), Patients and Families as Partners, Evidence and Models, Quality Improvement, and Reports.




The navigation panel is shown in its default state. A red circle highlights two small icons in the top right corner of the panel: a square icon with a minus sign (to expand the panel) and a square icon with a plus sign (to dock the panel).

Use these buttons to expand or dock the panel as per your preference

# Course Page

## Bridging the Gap Between Physical and Mental Health

14 Jump to... Your progress ?



This Foundational course will provide participants with practice and evidence-based approaches to identifying, engaging and managing co-existing physical and mental health needs. Participants will develop an integrated approach to care for these patient issues and will obtain access to practice-ready toolkits to implement in their setting.

Upon successful completion of this course, participants can claim **7.0 credits/hours**.

**Course Objectives** **Course Format**

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You can “Jump to” different sections in your course here or go to *Previous* or *Next Activity*

< Previous Activity Jump to... Next Activity >





- Jump to...
- Jump to...
- Course Outline
- Learner Agreement
- Syllabus
- Announcements
- Resource Materials Physical Mental Health Assessme...
- Resource Materials Physical Mental Health Assessme...
- Pre-Reflection Evaluation
- Pre-Reading & Reflection Activity
- Pre-Knowledge Assessment (this activity is optiona...
- Week 1: Prevalence...
- Discussion Activity - Week 1
- Responsive Test
- Week 2: Impact...
- Discussion Activity - Week 2
- Week 3 – Part 1: Assessment...
- Week 3 – Part 2: Geriatric Considerations in Asses...
- Discussion Activity - Week 3
- Complexity and Assessment Webinar
- Case Study #1 Materials



# Course Page

## Course Information and Resources

You will find course [Syllabus](#), [Announcements](#), and [Resource Materials](#) here.


-  [Syllabus](#)
-  [Announcements](#)
-  [Resource Materials Physical Mental Health Assessment Grid](#)
-  [Resource Materials Physical Mental Health Assessment Grid Blank](#)

## Pre-Course Requirements

Before you start this course, please complete the [Pre-Reflection Evaluation](#), which is an assessment of your current understanding of the course concepts.

To prepare for the course, please click on the [Pre-Reading and Reflection Activity](#) and follow the instructions to complete.

Review the [Pre-Knowledge Assessment](#) activity. We recommend that you complete this activity even though it is not required.

-  [Pre-Reflection Evaluation](#)
-  [Pre-Reading & Reflection Activity](#)
-  [Pre-Knowledge Assessment \(this activity is optional but recommended\)](#)

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## Week 1: Prevalence

During this week, you will complete self-directed learning to explore Prevalence of Co-morbid Mental and Physical Health Conditions. You will then engage in a Discussion Activity with your peers on this topic.

This week's learning objective:

- Identify the prevalence and impact of mental health conditions on physical health outcomes

Click on each activity below and follow the instructions to complete.

-  [Week 1: Prevalence...](#)
-  [Discussion Activity - Week 1](#)
-  [Responsive Test](#)

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All activities required for course completion have a box beside them



When you have completed the activity, this box will be automatically checked off



If you have questions about navigating your course, please contact us at [mp3c@thp.ca](mailto:mp3c@thp.ca)